

Ulrike Weissenbacher

Emile Banning Street 37
1050 Brussels
Belgium

Psychotherapist
Coach
Trainer
Supervisor

Specializing in complex trauma and attachment disorders.

Co-founder and co-director of iepra, training institute for therapists specializing in EP and humanistic compassionate approaches

Trainer : EFT, Remap, SEB, TRCC, PCC

Assistant trainer : IR (Intelligence Relationnelle) with Francois Ledoze to date ; TAT with Tapas Fleming in the past ;

Practitioner : PET, TAT, Logosynthesis, IFS, IR (Intelligence Relationnelle, Francois LeDoze), Compassion focussed Therapy, Spiritual healing approach, Shiatsu;

Creator of TRCC (heart centered relational therapy) and PCC (heart awareness meditation).

Training

Studies

- Bachelor of Science in Education (University of Educational Sciences, Austria 1985)
- Master of Advanced Studies (Law, economics and European politics, Danube Krems University / Vienna Austria, 1994)

Psychotherapy training

Therapeutia : 3-year training cycle (2011 - 2014)

- Humanist approaches: ACP Rogers, TRPE (Relational Therapy through Emphatic Presence), IFS concepts
- Energy psychology (EFT, TAT, Remap, Logosynthesis)
- Hypnosis, ...

Further therapy training

- IR (Intelligence Relationnelle), Francois LeDoze (2017 – 2019)
- IFS (internal family system), François LeDoze, Cece sykes, (2016 - 2018)

- Integrated Psychopathology, Vandenbosch, Altenloh, Dr. Scenec, Dr. Clumeck,
- Prof. Constant, Dr. Storms, Prof. Leistedt, Dr. Rolland, M. Aalberse and others (2015 - 2016)
- Psychopathology and the third wave, Ilios Kotsu (2016)
- Therapeutic presence, Dr. T. Janssen (2016)
- Couples therapy: Schleifer (2017), Ledoze (2016),
- Compassion Focused Therapy), Dr Gheysen, Pr Delamillieure (2014)
- Provocative Therapy, F. Farelly (2011)

Energy psychology training

- EFT: levels 1, 2, 3 and intensive practice, Wauthier, Hansoul (2011 - 2014)
- Remap: levels 1, 2 and intensive practice, S. Reed (2012-2013)
- TAT: levels 1, 2 and intensive practice, Wauthier, Hansoul (2012-2014)
- TAT: The art of presence, heart and soul of TAT, training of pros, training for trainers and supervision by T. Fleming (2012)
- Logosynthesis and intensive practice, W. Lammers (2013 - 2014)
- SET, PET, Wells and Dr. Lake (2013 - 2015)
- Matrix Reimprinting, Blique (2015)
- Faster EFT, Smith (2014 and 2016)

Other Training

- NLP practitioner (1983 - 1984)
- Teaching and education based on NLP (1985 - 1986) - research assistant for teaching books based on NLP
- "Conflict resolution in multiethnic classroom settings"
- Communication and conflict resolution in post-conflict / war country contexts
- Training in Spiritual Psychology (BMSI)
- Train the trainer (IHK)
- Institute training for teacher and educator training (Graz, Austria)

Trainer and Responsibilities within training institutes

- Institut Therapeutia: Energy Psychology coordinator, Co-director of the consultation center, Trainer, class manager
- Workshops and coaching: couples, work-life-balance, solution oriented communication, strategic development, team building, leadership, constructive communication, conflict resolution, stress management, prevention of burnout ...
- HR staff trainer
- Teacher trainer (Austria, Latin America, Africa)
- Workshops - Mindfulness of the heart, Heart Coherence, Breathwork, Meditation, personal and spiritual development

Previous professional experience

- Professional coach, in institutions and politics 1999 - 2011
- Advisor, expert, consultant to European institutions, UN,
- Worldbank 1994 - 2011
- Expert - development of policies and implementation programs in
- various policy areas 2001 - 2011
- Trainer of teachers and educators 1987 - 1999
- Teacher 1985 - 1995