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FRANCE

BORN 9 OCTOBER 1963
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BELGIAN

www.yves-wauthier.com www.iepra.com
www.energypsy.org

Co-founder of IEPRA - European Institute for
Professional Training in Helping Relations (2017)

www.iepra.com

Co-founder of the Therapeutia Training Institute
in Brussels

(www.therapeutia.com) (2006)

- Psychotherapist

- Trainer (Self Emotional Balancing, Remap quick, full and visual field, EFT, Clinical EFT, Solution Oriented Hypnosis, Auto Tipi, Mindfulness and psychotherapy, Reiki Usui)

Past trainer TAT and Logosynhthesis

- Supervisor (Ifs, Provocative Energy Therapy, SEB, Clinical EFT, Solution Oriented Hypnosis)

Training:

- Bachelor of Law (ULB 87)
- License in Secular Moral Assistance (ULB 91) - School of Public Health

Psychotherapy training:

- Specialized in brief solution-oriented therapies (Bill O'Hanlon 2005 and NICABM - National Institute for the Clinical Application of Behavioral Medicine USA 2009)
- Training in Psychopathology and pharmacology 4 days (2009 Therapeutia) Dr Pierre Fossion
- Training in Psychopathology and pharmacology 4 days (2010 - 2011) Espace du possible - Dr Thierry Piquet

- Training in Analytical Psychopathology - 2010 - 2012 6 days Charles Sasse and Training in Integrated Psychopathology (13 days) at the ULB Domain (2014-2015) under the direction of David Vandebosch, Egide Altenloh and Dr Nicolas Clumecq

Specializes in stress management and treatment of fibromyalgia-related disorders and sleep disorders and psychosomatic disorders (ACEP 2006-2007)

- Specialized in Psychotraumatology (ACEP 2007; NICABM - National Institute for the Clinical Application of Behavioral Medicine USA 2009)
- Trained in Therapy-oriented Mindfulness (NICABM - National Institute for the Clinical Application of Behavioral Medicine - USA 2009)
- Eye movement therapy practitioner (IMO, REMAP® visual field treatment)
- Certified practitioner in Ericksonian Hypnosis (IFHE 2006) - Master practitioner in Hypnosis and NLP - Arche (2012 - 2013)
- Certified practitioner and supervisor in Internal Family System (IFS - Richard Schwartz) (Levels I and II and assistantship)

- Certified TIPI practitioner, Auto-tipi trainer (2010)
- Certified practitioner in Energy Psychology and Energy Medicine (ACEP - Association for Comprehensive Energy Psychology and Innersource Institute (USA 2006)
- Certified practitioner and supervisor in Provocative Energy Techniques (International PET Practitioner) (Dr David Lake - Steve Wells - students of Frank Farrelly)
- ACT practitioner (Acceptance and commitment therapy)
- Practitioner in Compassion Focused Therapy (with Paul Gilbert and Choden and Dr Francis Gheysen and Pr Pascal Delamillieure)

- Trained in Mindfulness & psychotherapy in 2004 (NICABM Institute - USA) and in Mindfulness & psychotherapy (advanced - Nicabm Institute 2014)

Trainer certifications:

- Self Emotional Balancing Trainer (2017)

- Past Trainer and supervisor certified in TAT® (2008 - 2014)
- Certified REMAP® trainer and supervisor (2007)
- Past Certified Logosynthesis® Trainer and Supervisor (Basic and Path of the Courage) and French-speaking responsible for Logosynthesis until 2015
- Trainer certified EFT Universe (www.eftuniverse.com) (2010) and certified APEC (2007) (French-speaking Association of Clinical Energetic Psychology <http://energypsy.org>),
- Self and meditation trainer (2014)
- Auto hypnosis trainer ((2006) and auto Tipi (2011) and Reiki Usui (2004)

Mandates within professional mental health associations:

- President of the French-speaking REMAP® Association (<http://remap.jimdo.com/>)
- Belgian regional coordinator of ACEP and Diplomate Comprehensive Energy Psychology

(2008 -)(DCEP ACEP) of the Association for Comprehensive Energy Psychology

- President of APEC (French-speaking Association of Clinical Energetic Psychology)

(www.energypsy.org)

Previous activities related to mental health:

- President of the outpatient section of the Advisory Council for Assistance to People of the Brussels-Capital Region (97-98)
- Home care and outpatient monitoring of seriously ill children in collaboration with HUDE (oncology), Arémis, the Center for the Help of the Dying (CAM)
- Sensitization of hospital staff and families of users to differentiated approaches to the disease within the Paul Brien Hospital
- Lay Platform of Palliative Care of Brussels Capital (96-98)

Publications:

- Co-author of “Provocative Energetic Therapy”, Dangles 2018
- Energy psychology. Practical and commented cases: Integrative practices from EFT to Remap, Ifs and Self Emotional Balancing, Life Editions 2018

◇Energy psychology. Practical and commented cases: From integrative practices of EFT to Remap, Ifs and Self Emotional Balancing - Theory and practices. Edilivres 2020

- Co-author of “EFT, Tapping and Energy Psychology”, Dangles 2010
- Co-author of “Clinical EFT and treatment protocols”, Dangles 2015
- Co-author of a collective reflection tool on "The secular approach to addictions" (CAL 98)
- Co-author of "Brussels, City of Humanism" (Bruxelles Laïque 96)

“Natures”, Edilivre 2016 (collection of poems)

"Compassion" Edilivre 2018 (collection of poems)

“Scattered feelings plundered” Edilivre 2020 (collection of poems)

"Conscience" Edilivre 2020 (collection of poems)

Miscellaneous items:

Wellness site: Energy psychology, Remap, Self Emotional Balancing, Tapas Acupressure Technique, attachment disorders ...

Psy.be site: TAT, Energy psychology, The couple and attachment disorders, ...

Neo-health: TRE (Trauma Release Exercise)

etc.

Collectives:

Clinical EFT Handbook Volume 1 and 2 Dawson Church Ph.D. (June 30, 2013)

Upcoming publications:

Clinical EFT, treatment's protocols (in english)

Co-editor Go Ahead Dangles:

Dawson Church and Gary Craig, Manuel EFT
(Dangles 2013)

Dawson Church, The Genius in Your Genes
(Dangles 2013)

David Bercelli, TRE Trauma Release Exercise
(Dangles 2014)

Associations

Member of the European Society for Trauma and
Dissociation, ESTD and the International Society
for the Study of Trauma and Dissociation

Presentation at the ESTD Congress of a paper on
Energy psychology and trauma in Copenhagen
(2014)

Member of the Society for the advancement of
psychotherapy

Private site:

<http://www.yves-if.be/>

Publication of "Natures" at Edilivres 2016

Publication of "Compassion" at Edilivres 2018

Interventions in companies or official organizations (some examples)

Eurogenerics

BBL

Fedasil – Burn out prevention

Red Cross - Art of presence and management of compassion fatigue for workers in psychosocial risks

PMS Schaerbeek and Woluwé Saint Pierre

Home for people with physical or mental disabilities: Revivre, Trois sapins, Arc-en-ciel ...